



## Weekly activity grid

Week beginning : 14.04.20

\*\* Indicates activities which are linked. The subject links are included to help you find which column to look in.

	Literacy	Numeracy	Health & Wellbeing	Science & Technology	Expressive Arts
<b>Early level</b> (Generally Nursery to Primary 1)	<p>Spend some time every day sharing / reading / looking at a book, comic or magazine of your choice.</p> <p>With help write in your news diary every day.</p> <p>Practise writing / painting each of the letters of the alphabet using pencils, pens, crayons or paint.</p> <p>Practise your handwriting. Choose 5 words you can read from a book and write them in your best handwriting. Draw a picture to go with the word if you can.</p>	<p>20 minutes of Sumdog every day.</p> <p>On paper, write out 2 sets of each of the numbers from 0 to 10. Cut them out. Use the numbers you've made to make as many pairs of numbers as you can for each of the numbers to 10 (eg make 1 using 0 &amp; 1, make 2 using 0 &amp; 2, 1 &amp; 1, make 3 using 0 &amp; 3, 1 &amp; 2, etc). Write the pairs of numbers down as a sum.</p> <p>Use playing cards and pegs. Put the number cards in the correct order from smallest to largest. Put the correct number of pegs onto each of the number cards 1- 10. Choose a random playing card and draw the correct number of items, e.g. 5 - draw 5 stars, 7 - draw 7 apples, 10 - draw 10 cars, etc. You can choose what to draw.</p>	<p>1 hour of physical exercise every day.</p> <p>Think about cleaning your teeth. Draw pictures of all the steps you take when you clean your teeth. Cut the pictures out and get people in your family to put them in the correct order.</p> <p>Draw round your hand and cut it out. Write inside (with help) or draw, 5 things which make you happy. It could be a person, place, favourite toy, book you like, favourite food, etc. Tell someone why these things make you happy.</p>	<p><b>** See Expressive Arts</b> - Go into the garden or look online to find as many signs of spring as you can. Take photos of what you find.</p> <p>Plan and build a shelter for a hamster using any materials you can find.</p>	<p><b>** See Science &amp; Technology</b> - Use the photos you took in the garden or found online and make a black pen / pencil drawing of what you found. You can draw more than one thing.</p> <p>Pretend to be a pirate and hide some treasure. Make a treasure map and use it to find your treasure.</p>

	Literacy	Numeracy	Health & Wellbeing	Science & Technology	Expressive Arts
<p><b>First level</b> (Generally Primary 2 - Primary 4)</p>	<p>Spend half an hour every day reading a book, comic or magazine of your choice.</p> <p>Write in your news diary every day.</p> <p><b>**See Science &amp; Technology.</b> Write about an adventure where you need the den you build.</p> <p>Write the alphabet down the side of a piece of paper. Pick a topic and try to think of something for every letter. e.g sports - a - athlete, b - basketball, c- competing, d- dribble, etc . Play alone or if others in family play you get 1 point for each. 2 points if no-one else got the same answer.</p>	<p>20 minutes of Sumdog every day.</p> <p>Practise times tables by skipping / jumping to show the correct answers, eg. <math>2 \times 2 = 4</math> jumps.</p> <p>Find 5 2D shapes and 5 3D shapes around your home (or the room you are in). Record the number of faces, sides, edges and vertices for each of the shapes you have found.</p>	<p>1 hour of physical exercise every day.</p> <p>Create a poster about keeping healthy. Think about the layout. Remember to make it eye catching.</p> <p>Make up a keep fit routine to your favourite song - teach your family.</p>	<p><b>Senses</b> Play 'Senses : I Spy!' I spy with my little eye... I smell with my little nose... I hear with my little ears...</p> <p><b>**See Literacy.</b> Make a den in your living room. Decide who would use it and what it would be used for.</p>	<p>Draw any kind of line on a blank sheet of paper. It can be straight, wobbly, horizontal, and vertical - you decide! Work your magic and try to turn these lines into a neat and detailed picture.</p> <p>Colour in your picture thinking about lines, patterns, symmetry and shading.</p> <p>Draw something for every letter of the alphabet from a - g.</p>

	Literacy	Numeracy	Health & Wellbeing	Science & Technology	Expressive Arts
<b>Second level</b> (Generally Primary 5 to Primary 7)	<p>Spend at least half an hour every day reading a book, comic or magazine of your choice.</p> <p>Write in your news diary every day.</p> <p>Write a summary of a chapter of a book which you have read.</p> <p>Look up the art piece 'A School for Girls and Boys' by Jan Steen. Write a thought bubble for at least three of the characters in the painting.</p>	<p>20 minutes of Sumdog every day.</p> <p>Choose items around the house to measure. Record measurements in metres and centimetres, eg 1m and 52cm, metres 1.52m and centimetres 152cm. This could be extended for P6 and P7 pupils - find the perimeter and area of items around the house.</p> <p>Find a recipe online of something you would like to cook / bake. Make a list of the ingredients and each of the measurements. Follow the recipe to help prepare something for you and your family to share for some hands on weighing and measuring skills.</p>	<p>1 hour of physical exercise every day.</p> <p>Make up a playlist of 5 upbeat songs and listen to them.</p> <p>Perform a random act of kindness for someone at home.</p>	<p><b>** See Expressive Arts -</b> Make a pop-up card.</p> <p>Make a 3D model using Lego, junk or any other construction toys you have at home.</p>	<p><b>** See Science &amp; Technology -</b> Make a pop-up card (birthday, Easter, Thank you, etc)</p> <p>Choose something from nature to illustrate.</p>

**Useful websites to check out :**

Read a picture! - <https://www.onceuponapicture.co.uk/> - Lots of pictures to choose from and questions to go with each one.

<https://mathsstarters.net/numoftheday/versions> - Complete the number of the day challenge questions. Pupils can choose difficulty level - 3 digits, 4 digits, 5 digits or 6 digits.